



THIS WORKSHOP
IS FOR YOU IF
YOU FIND IT
DIFFICULT TO
FIND ANSWERS
TO ANY OF
THESE
QUESTIONS:

Face to face workshop

HOW YOUR SELF-ESTEEM DETERMINES THE QUALITY OF YOUR RELATIONSHIPS.

YOU WILL LEARN:

- How to recognize your level of self-esteem.
- How your belief system affects your self-esteem.
- How to recognize your traumas.
- How relationships are determined by the self-esteem of both partners.

Date: August 27, 2022 | 9:00 am - 12:00 pm

Location: 2960 Epic Place Grand Prairie Dallas Texas 75052

GUEST SPEAKER

CARLOS JARAMILLO

COLLABORATORS

LOLA FLORES
LARISSA VILLALPANDO
AMPARO TRUNIK
ALEJANDRA SALGADO

COST TO ATTEND: 45 US dollars

TO REGISTER CONTACT US AT:

Whatsapp: +1 667 379 4097

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How do you feel about yourself when you interact with others?

What are some of the things that are keeping you from being who you are?

Do you require approval from others to move forward in your life?

What are the things you most recognize in yourself that keep you from moving forward?

What are those repetitive behaviors that do not bring satisfactory results to your life?

¿CÓMO TU AUTOESTIMA DETERMINA LA CALIDAD DE TUS RELACIONES?



CARLOS JARAMILLO

Psicoterapeuta en relaciones & Coach
Docente Universitario
Facilitador oficial de Escuela de
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LOLA FLORES

Wholeness & Wellness Coach
Coach en Plenitud y Bienestar

Invitados especiales



LARISSA VILLALPANDO

Coach Personal
"si quieres cambiar el
mundo empieza por ti"



AMPARO TRUNIK

CEO Mind in power
ICF certified Coach
Bioreprogramadora
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